

Donna Brown, CPCC (Certified Professional Co-Active Coach)

Using techniques refined through training and her own life experience, Donna bases her approach to coaching upon an integrated view of mind, body and spirit. Donna is a certified professional who coaches, teaches, and guides seminars. She has been practicing for over 7 years and has worked with hundreds of clients, primarily entrepreneurs, professionals and people wanting healthier relationships with themselves and others.

She has been told she pushes her clients with velvet gloves enabling them to work through the obstacles that stand in the way of success. One of her many skills is helping people get clarity.

Background:

- Certification in Personal and Professional Life Coaching as graduate of the Coaches Training Institute, San Rafael, California
- Certification in the Creative Journal Expressive Arts Program directed by Lucia Capacchinone, Ph.D, Cambria, California
- Certification in the Career Clarity Program designed by career coach and author Carol McClelland, Ph.D, Palo Alto, California
- Certified co-facilitator of the Transformative Insight Imagery program adapted by Charlotte Smith, Ph.D, from the work of Dr. John Shaffer, Chicago, Illinois
- Graduate of the Co-Active Experiential Leadership Program in Sebastopol, California
- Co-founded therapeutic day school for adolescents with behavior/adjustment challenges, Wheeling, Illinois (1992-2000)
- Small business owner supplying personalized accessories to large national accounts including Neiman Marcus and Williams-Sonoma.

I chose the co-active model of coaching early in my career, because I love the partnership it creates. The synergy we create together is the fuel that propels life changes.